

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ESRP- Riverton Offices - 620 Monroe Ave 463-0310	National Recovery Month!	“Recovery is For Everyone: Every Person, Every Family, Every Community”!!!	1	2 Zoom Mt 10 & 4 Wellbriety Peer Support 6:30pm	3 Mental Health Services 8- 12pm	4
5	6 Offices Closed Labor Day Holiday	7 Staff out of Office-No programming	8 ESR/Youth Services Group 4-6pm	9 Zoom Mt 10 & 4 Wellbriety Peer Support 6:30pm ESR/Youth Services Group 4- 6pm	10 World Suicide Prevention Day	11
12 Honoring Grandparents Sweat 9am	13 ESR/Youth Services Group 4-6pm	14 Wellbriety Peer Group 8:30-10am Women ZOOM 10am	15 ESR/Youth Services Group 4-6pm	16 Zoom Mt 10 & 4 Wellbriety Peer Support 6:30pm ESR/Youth Services Group 4-6pm	17 Mental Health Services 8- 12pm	18
19 Women’s Sweat 10am	20 ESR/Youth Services Group 4-6pm	21 Wellbriety Peer Group 8:30-10am Women ZOOM 10am	22 ESR/Youth Services Group 4-6pm	23 Zoom Mt 10 & 4 Wellbriety Peer Support 6:30pm ESR/Youth Services Group 4-6pm	24 Mental Health Services 8- 12pm	25
26 Youth/community Sweat 9am	27 ESR/Youth Services Group 4-6pm	28 Family GONA- 9:00-3:30pm	29 Family GONA-9:00- 3:30pm	30 Family GONA 9-12pm/ GONA Sweat 1pm		
!			Massage Therapy by Appointment			